

**TAPERED STRETCH REMOVABLE ADHESIVE**  
**ARTICLES AND METHODS**

**Abstract of the Disclosure**

Pressure sensitive adhesive articles and methods, particularly stretch removable adhesive articles that are preferably for use in adhering to skin or like delicate surfaces. The articles include tapered terminal portions to control release characteristics. Preferably, stretch removability of the article occurs as a result of the selection of a stretch removable pressure sensitive adhesive. In some embodiments of the articles and methods, the adhesive and backing delaminate upon removal. In other embodiments of the articles and methods, the backing includes a predefined tab located in a central location of the backing.